



LACTATION MASSAGER | USER GUIDE

Thank you for purchasing the Crane Lactation Massager. This item has been manufactured to ensure safety and reliability.

! WARNING: READ AND SAVE THESE INSTRUCTIONS

Failure to follow all the instructions listed below may result in electric shock, fire and/or serious personal injury.

AVOID:

- Do not allow anyone unfamiliar with this product to use it
- Keep out of reach of small children
- This is not a toy
- Do not damage the cord or plug or use when the cord or plug is damaged and/or insertion to a power source is loose. *Failure to observe this precaution can result in electric shock, short circuit or fire.*
- Do not use this unit for any purpose other than described in this manual or packaging.
- Do not overload the power source
- Do not use if unit is damaged

ATTENTION:

- Only use the USB cable that comes with the unit.
- Always insert plug securely into the power source
- Ensure the massager is dry before charging
- Keep away from water when charging.
- Regularly clean the plug so dust or sediment doesn't form on it
- Unplug the cord from power source before cleaning
- Do not touch plug with wet hands
- Do not fully immerse the unit in water

Failure to observe or follow these instructions and other warnings can negatively impact the performance of the product, cause it to malfunction or result in electric shock or product damage.

- Dry the main unit completely before storage
- Store in a cool, dry place
- Do not drop, hit, or otherwise subject this product to excessive shock
- This product has been designed for personal use only.

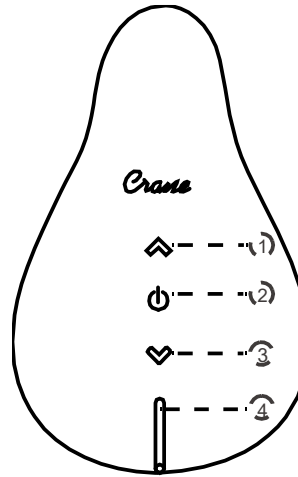
INCLUDED: Lactation Massager, USB Cord & Bag

PARTS:

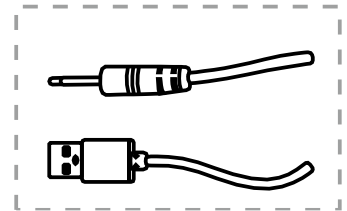


USAGE INSTRUCTIONS: Do NOT Use While Charging

1. **Charge the massager for 80 minutes before the first use.**
2. Turn the massager ON by holding down the Power Button for 2 seconds.
3. Press the Power Button once to change between the 3 vibration modes.
4. Press Up Arrow to increase intensity. There are 3 levels of intensity.
5. Press the Down Arrow to decrease intensity between the 3 levels.
6. Turn the massager OFF by holding down the Power Button for 2 seconds.



- 1 Increase Intension Button
- 2 Switch button
Hold for 2 seconds to turn on/off
- 3 Decrease Intension Button
- 4 usb charging port



To Relieve Clogged Breast Ducts:

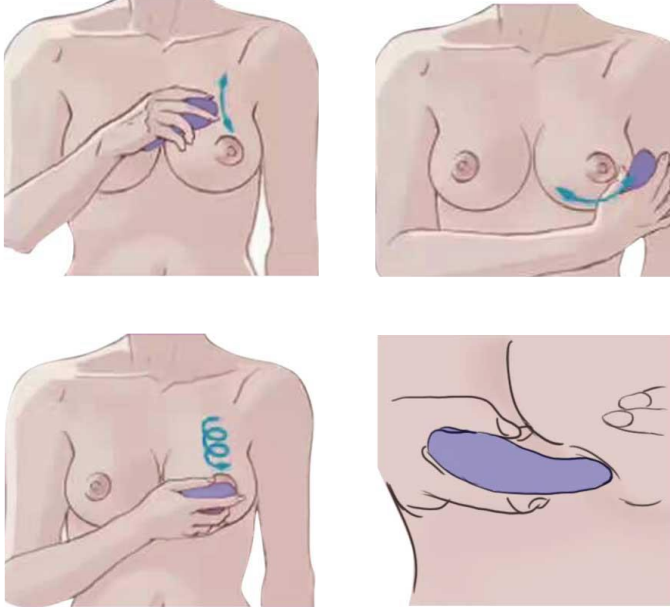
1. **Warm the clogged area on Breast:** Place a warm, moist compress on the clogged area for 5-10 minutes or take a warm shower.
TIP: The massager is water resistant. Can be used in warm shower.
2. **Massage the clogged Area on the breast:** Use the massager on a comfortable vibration and intensity setting. Always move the massager from the tender area toward the nipple. Use the narrow tip of massager to apply pressure for a deeper massage to unclog the duct for up to 5 minutes
3. **Empty Your Breast:** It is important to empty your breast. Begin pumping or nursing on the affected side until the blockage is broken up. Massaging the breast while pumping around the edges of the blockage will also help break up the blockage



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- Cool Down (optional):** Apply a cold compress for up to 10 minutes.
- Repeat:** Repeat this process every 2-3 hours until the clogged duct is fully resolved.



CONTACT YOUR PHYSICIAN IF THE PROBLEM PERSISTS FOR MORE THAN 24-48 HOURS OR YOU FEEL LIKE YOU HAVE FLU LIKE SYMPTOMS.

CHARGING THE MASSAGER:

Insert the provided plug into the waterproof connector. **IMPORTANT: Ensure the cord is firmly plugged into the unit for charging.** Plug the USB into a computer or USB adaptor. The power button light indicator will flash BLUE while the massager is charging. The massager is fully charged when the blue light remains solid. Charging takes approximately 80 minutes. Recharge the massager as needed.



CARE & STORAGE:

ALWAYS clean your massager before and after every use.

- Unplug from power source before cleaning.
- Clean with mild soap and warm water.

Do NOT to submerge in water.

(Rinse well with warm water when cleaning with mild soap)

- Allow the massager to air dry
- Avoid direct sunlight
- Store massager in a clean and dust free place

TECHNICAL SPECIFICATIONS:

Run Time: 80 minutes

Battery Capacity: 300mAh

Charging Time: 80 minutes

Vibration Modes: 3 Frequency Vibrations + 3 Sped Intensity

WARRANTY:

This product is warranted to be free from manufacturing defects under normal use and conditions for **1 year**. This warranty **requires a copy of your dated proof of purchase.**

WARRANTY IS VOID IF THE DEFECT IS DUE TO: Accidental damage, misuse, abuse or neglect, use of essential oils, improper repair or alteration by unauthorized persons, or failure to follow operating instructions provided.